

Weekly seminar topics

What's Happening to Me?
The Road to Healing/Finding Help
Facing My Anger
Facing My Depression
Facing My Loneliness
What Does the Owner's Manual Say?
New Relationships
Financial Survival
KidCare
Single Sexuality
Forgiveness
Reconciliation
Moving On, Growing Closer to God

When to begin

You are welcome to begin attending the DivorceCare group at any point. Each session is "self-contained," and you can continue through the next 13-week cycle to pick up the remaining sessions.

"Every piece of DivorceCare wisdom that I followed turned out well."

www.divorcecare.org

In their own words

Here is a small sample of the feedback we've received from the hundreds of thousands of people who've participated in DivorceCare groups:

"It changed my life at a time when I thought my life was over."

"Within minutes I felt accepted and safe."

"I did not want to go, not at all, but it was the BEST THING I DID!"

"I got my hope back."

"If this wasn't available, I would still be home crying."

"I know that I am not alone."

"DivorceCare was a very positive experience for me. Painful, oh you bet! But in DivorceCare I finally had people to talk to and listen who knew exactly what I was going through."

"Gave me hope and tools to move on."

"I promise it will be worth it 100 times over if you just take the leap of faith and go."

"I am at peace."

"My life was pretty much in shambles when I began DivorceCare. This program has totally changed the direction of my life."

DIVORCED? SEPARATED?

WE CAN HELP

DIVORCE *Care*

FIND HELP

DISCOVER HOPE

EXPERIENCE HEALING

DIVORCE SUPPORT
GROUP

DivorceCare helps you recover from the pain of separation and divorce

The support you need. Information you can trust.

Unless you've been there, it's hard to understand the hurt that comes from separation and divorce. That's why many of your friends and family don't fully understand what you are going through and don't know how best to help you.

We do. DivorceCare groups are led by people who have been through divorce and successfully rebuilt their lives. We understand how you feel because we've been in the same place. We'll show you how to deal with the hurt caused by your separation or divorce.

What to expect

DivorceCare is a support group that meets weekly. You'll find it to be a warm, caring environment and will come to see your group as an "oasis" in an otherwise difficult season of your life. There are three key parts to your DivorceCare experience.



Video seminar

Dynamic and information-packed videos featuring top divorce recovery experts.

Support group

Small group discussion about the video content and the issues faced by individual group members.

Workbook

Journaling and personal study exercises that reinforce each session's topic.

DivorceCare Weekly Group



Sept 20 - Dec 13

Wednesdays 7:00 - 9:00pm

503A Allowance Ave Campus

To register please call:

River Valley

Community Church

403-504-0123

Email:

info@rivervalleychurch.ca

"Even if you have doubts about attending, just go."

About DivorceCare

DivorceCare is a network of 13,000+ churches worldwide equipped to offer divorce support groups. The program is nondenominational and features biblical teaching for recovering from divorce or separation. Learn more about DivorceCare at www.divorcecare.org.

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